**Sample Timetable**

|  |  |  |  |
| --- | --- | --- | --- |
| **Time** | **Junior** | **Middle** | **Senior** |
|  8:00am | Get up, get breakfast, tidy up, get dressed, brush teeth  | Get up, get breakfast, tidy up, get dressed, brush teeth  | Get up, get breakfast, tidy up, get dressed, brush teeth  |
|  9:00am | Maths - number work | Tables | Tables |
|  9:30am | Handwriting | Mental maths | Mental maths |
| 10:00am | Phonics | Spellings/sentences | Spellings/sentences |
| 10:30am | Snack & movement break | Snack & movement break | Snack & movement break |
| 11:00am | Gaeilge | Gaeilge | Gaeilge |
| 11:30am | DEAR Time (Drop Everything and Read) | DEAR Time (Drop Everything and Read) | DEAR Time (Drop Everything and Read) |
| 12:00pm | Plan and prepare lunch | Plan and prepare lunch | Plan and prepare lunch |
| 12:15pm | Lunch and walk | Lunch and walk | Lunch and walk |
|  1:00pm | Rhymes/poetry/oral language | Writing | Writing |
|  1:30pm | Art/Lego challenge | S.E.S.E. | S.E.S.E. |
|  2:15pm | Finish (2pm) | Art/Lego challenge | Art/Lego challenge |
|  3:00pm |  | Finish | Finish |

**Useful Tips**

**Number work/handwriting**

* Printable sheets for number and letter formation available on Twinkl.ie
* Talk about number, count, talk about time, measure etc.

*Continued on next page*

**Tables**

* Timestables.com - online tables activities
* Twinkl.ie - printable tables worksheets

**Spellings and sentences**

* Carry on in spelling workbook. Learn spellings each day and put the words into sentences.

**Gaeilge**

* Go onto folensonline.ie and practise poems, songs and comhrá covered in class.

**Writing**

* Do a reading comprehension – twinkl.ie
* Do a piece of free writing - write about a personal interest
* Write a letter or email to a friend/relative
* Write a step by step account of what you made for lunch
* Keep a diary of your daily activities
* Write about the book you are reading or a character in it
* Write a poem/song

**SESE**

* Work on a project in history, geography or science

**Art/Lego challenge**

* Various challenges being posted online daily